

# 2016/2017 Season NLSC Sailing Program

As at: 31/07/2016

| Date       | All   | Learn to Sail (LTS)              | Development squad | Juniors                           | Hérons                         | Laser & Open Class              | Windsurfers                  |
|------------|---|----------------------------------|-------------------|-----------------------------------|--------------------------------|---------------------------------|------------------------------|
| Aug 20 Sat |   | RST                              |                   |                                   |                                |                                 |                              |
| Aug 21 Sun | <b>Maintenance and Registration Day</b>                     |                                  |                   |                                   |                                |                                 |                              |
| Aug 27 Sat |   | RST                              |                   |                                   |                                |                                 |                              |
| Aug 28 Sun |   | RST                              |                   |                                   |                                |                                 |                              |
| Sep 03 Sat |   | RST                              |                   |                                   |                                |                                 | Training                     |
| Sep 04 Sun | Opening and Registration Day                                |                                  |                   | Fun Race - 1 pm                   | Fun Race - 1 pm                | Fun Race - 1 pm                 | Fun race - 1pm               |
| Sep 10 Sat |   |                                  |                   |                                   |                                |                                 | Spring 1                     |
| Sep 11 Sun |   |                                  |                   | Coaching - Spring PS 1            | Spring PS 1&2                  | Spring PS 1&2                   |                              |
| Sep 17 Sat |   |                                  |                   |                                   |                                |                                 | Spring 2                     |
| Sep 18 Sun |   |                                  |                   | Coaching - Spring PS 2            | Spring PS 3 (SC)               | Spring PS 3 (SC)                |                              |
| Sep 24 Sat | S.Hol   |                                  |                   |                                   |                                |                                 | Spring 3                     |
| Sep 25 Sun | S.Hol & Spring Ca   | LTS Trial Session                |                   | Spring PS 3 / CC 1                | Spring PS 4&5 / CC 1&2         | Spring PS 4&5 / CC 1&2          |                              |
| Oct 01 Sat | October Long Weekend  |                                  |                   | YNSW Youth Champs 01-03 Oct       |                                | NSW Youth Championships 01      | Training                     |
| Oct 02 Sun | Oct LW/ Daylight Saving Starts                              |                                  |                   | YNSW Youth Champs 01-03 Oct       | Spring PS 6 (SC)               | Spring PS 6 (SC)                | Sunday 1                     |
| Oct 08 Sat | S.Hol   |                                  |                   |                                   |                                |                                 | Spring 4                     |
| Oct 09 Sun | S.Hol & Spring Ca   | Adult Session 1                  | Session 1         | Spring PS 4 / CC 2                | Spring PS 7&8                  | Spring PS 7&8                   |                              |
| Oct 15 Sat |   |                                  |                   |                                   |                                |                                 | Spring 5                     |
| Oct 16 Sun |   | Session 1                        | Session 2         | Spring PS 5                       | Spring PS 9&10                 | Spring PS 9&10                  |                              |
| Oct 22 Sat |   |                                  |                   | Sabot States (Vaucluse 22-23 Oct) | Interclub (Balmoral)           | NSW /ACT Coast Champs 22-       | Spring Slalom                |
| Oct 23 Sun |   | Session 2                        | Session 3         | Sabot States (Vaucluse 22-23 Oct) | Spring PS 11 / CC 3 (MM)       | Spring PS 11 / CC 3 (MM)        |                              |
| Oct 29 Sat |   |                                  |                   |                                   |                                |                                 | Spring 6                     |
| Oct 30 Sun |   | Session 3                        | Session 4         | Spring PS 6 / CC 3                | Spring PS 12 (SC)              | Spring PS 12 (SC)               | Sunday 2                     |
| Nov 05 Sat | <b>SUP WORLDS EVENT</b>                                     |                                  |                   |                                   |                                |                                 |                              |
| Nov 06 Sun | <b>NLSC TO HOST FUNDRAISING BBQ (All classes to assist)</b> |                                  |                   |                                   |                                |                                 |                              |
| Nov 12 Sat |   |                                  |                   |                                   |                                |                                 | Training                     |
| Nov 13 Sun |   | Session 4                        | Squad choice      |                                   | Spring PS 13/CC 4 (SC)         | Spring PS 13/CC 4 (SC)          |                              |
| Nov 19 Sat |   |                                  |                   | Sabot States (Gosford 19-20 Nov)  | NSW State Titles - SLMASC      |                                 | Spring 7                     |
| Nov 20 Sun |   | No Session                       | No session        | Sabot States (Gosford 19-20 Nov)  | NSW State Titles - SLMASC      | Spring PS 14&15                 |                              |
| Nov 26 Sat |   |                                  |                   |                                   |                                | NSW State Champs 26-27 Nov      | Spring 8                     |
| Nov 27 Sun |   | Session 5                        | Session 5         | Spring PS 7 / CC4                 | Spring PS 14&15 / CC 5&6       | NSW State Champs 26-27 Nov      |                              |
| Dec 03 Sat |   |                                  |                   |                                   |                                |                                 | Training                     |
| Dec 04 Sun |   | Session 6                        | Session 6         | Spring PS 8                       | Spring PS 16&17                | Spring PS 16&17                 |                              |
| Dec 10 Sat |   |                                  |                   |                                   |                                |                                 | Summer 1                     |
| Dec 11 Sun |   | Session 7                        | Session 7         | Spring PS 9 / CC5                 | Spring PS 18 / CC 7 (SC)       | Spring PS 18 / CC 5 (SC)        | Sunday 3                     |
| Dec 17 Sat |   |                                  |                   | YNSW Sail Sydney 15-18 Dec        |                                | YNSW Sail Sydney 15-18 Dec      | Training                     |
| Dec 18 Sun |   | Session 8 - Marathon             | Marathon          | Marathon                          | Marathon                       | Marathon                        | Marathon                     |
| Dec 24 Sat | S.Hol   |                                  |                   |                                   |                                |                                 |                              |
| Dec 25 Sun | S.Hol   |                                  |                   | No racing                         | No racing                      | Australian Titles 27 Dec-04 Jan |                              |
| Dec 31 Sat | S.Hol   |                                  |                   | Sabot Nationals - 27 Dec - 3 Jan  | Heron Nationals - 26 Dec-6 Jan | Australian Titles 27 Dec-04 Jan |                              |
| Jan 01 Sun | S.Hol   |                                  |                   |                                   | Heron Nationals - 26 Dec-6 Jan | Australian Titles 27 Dec-04 Jan |                              |
| Jan 07 Sat | S.Hol   |                                  |                   |                                   |                                |                                 | Summer 2                     |
| Jan 08 Sun | S.Hol   |                                  |                   |                                   |                                |                                 | Traveller's Trophy           |
| Jan 14 Sat | S.Hol   |                                  |                   | Australian Youth Champs 10-14 Jan |                                | Australian Youth Champs 10-     | Summer 3                     |
| Jan 15 Sun | S.Hol   |                                  | Squad choice      | Coaching - Summer PS1             | Summer PS 1&2                  | Summer PS 1&2                   |                              |
| Jan 21 Sat | S.Hol   |                                  |                   |                                   |                                |                                 | Training                     |
| Jan 22 Sun | S.Hol   |                                  |                   | Heron Training (NLSC)             | Heron Training (NLSC)          | Training (NLSC)                 |                              |
| Jan 28 Sat | Australia Day Long Weekend                                  |                                  |                   |                                   |                                |                                 |                              |
| Jan 29 Sun | Australia Day Long Weeker                                   |                                  |                   |                                   |                                |                                 |                              |
| Feb 04 Sat |   |                                  | Ladies Race       | 112 Year Event / Ladies Race      | 112 Year Event                 | 112 Year Event                  | 112 Year Event               |
| Feb 05 Sun |   | LTS2 - Session 1                 | Session 10        | Heron Interclub, Youth Race (DAC) | Interclub, Senior Race (DAC)   |                                 | Summer 4                     |
| Feb 11 Sat |   |                                  |                   | Summer PS 2/ CC 6                 | Summer PS 3&4 / CC 8&9         | Summer PS 3&4 / CC 6&7          |                              |
| Feb 12 Sun |   | LTS2 - Session 2                 | Session 11        | Sabot Zones11-12Feb               |                                |                                 | Summer Slalom                |
| Feb 18 Sat |   |                                  |                   | Heron coaching                    | Summer PS 5&6 / Leyland (HS)   | Summer PS 5&6 Sneezby (HS)      |                              |
| Feb 19 Sun |   | No sailing                       | No sailing        | Heron Youth States - CRSC         | No racing                      | No Racing                       | Summer 5                     |
| Feb 25 Sat |   |                                  |                   | Heron Youth States - NLSC         |                                |                                 |                              |
| Feb 26 Sun |   | No sailing                       | no sailing        | Heron Youth States - NLSC         | No racing                      | No racing                       |                              |
| Mar 04 Sat |   |                                  |                   |                                   |                                |                                 | Summer 6                     |
| Mar 05 Sun |   | LTS2 - Session 3                 | Session 12        | Summer PS 3                       | Summer PS 7 (SC)/CC 10         | Summer PS 7 (SC)                |                              |
| Mar 11 Sat |   |                                  |                   |                                   |                                |                                 | Summer 7                     |
| Mar 12 Sun |   | LTS2 - Session 4                 | Session 13        | Summer PS 4 / CC 7                | Single Handed Regatta (PHOSC)  | Summer PS 8&9 / CC 8&9          |                              |
| Mar 18 Sat |   |                                  |                   |                                   |                                | NSW /ACT Metro Champs 18-19     | Summer 8                     |
| Mar 19 Sun |   | Squad choice                     | Squad choice      | CHS Coaching - Summer PS 5        | Summer PS 8 (SC)               | Summer PS 10 (SC)               |                              |
| Mar 25 Sat |   |                                  |                   |                                   |                                |                                 | Training                     |
| Mar 26 Sun |   | Squad Choice                     | Squad Choice      | CHS Coaching - Summer PS 6        | Summer PS 9 (SC)               | Summer PS 11 (SC)               | Sunday 4                     |
| Apr 01 Sat |   |                                  |                   |                                   |                                |                                 |                              |
| Apr 02 Sun |   | Easter Legacy                    | Easter Legacy     | Easter Legacy                     | Summer PS 10&11 / CC 11&12     | Summer PS 12&13 / CC 10&11      |                              |
| Apr 08 Sat |   |                                  |                   |                                   |                                |                                 | Summer 9                     |
| Apr 09 Sun |   | Fun Race                         | Fun race          | Fun Race Orange Juice Breakfast   | Fun Race Champagne Breakfast   | Fun Race Champagne Breakfast    | Fun Race Champagne Breakfast |
| Apr 15 Sat |   |                                  |                   |                                   |                                |                                 | Training                     |
| Apr 16 Sun | Easter  |                                  |                   |                                   |                                |                                 |                              |
| Apr 22 Sat |   | C.H.S. Championships 18-22 April |                   | C.H.S. Championships 18-22 April  | No Racing                      | No Racing                       | Training                     |
| Apr 23 Sun | Anzac Day   |                                  |                   | No Racing                         | No Racing                      | No Racing                       |                              |

## Key

CC - Club Championship Series  
PS - Point Score Series

(SC) - Short Course (Multiple races)  
(HS) - Handicap Start  
(MM) - Mini Marathon

RST - Race and Sail Training  
LTS - Learn to Sailing

B.B.Q. - Dinner B.B.Q., B.Y.O food and drink  
School Holiday Weekends  
Other Public Holiday Weekends

\*\* The committee reserves the right to make amendments to this schedule should this be required. \*\*

## Presentation Nights

NLSC - May/June  
NSW Heron Association - April

## Sunday schedule:

LTS & DEVELOPMENT SQUAD - Arrive 09:15 to 09:30am  
Combined Morning Briefing - 9:45 am  
Junior Race - 11:15 am-12:15 noon  
Senior Briefing - 1:00 pm  
Senior Race - 2:00 pm-4:00 pm

Times approximate - depending on conditions on the day.  
Please rig boats prior to the briefing and importantly remember using the supplied sheet at the club house prior to leaving the  
Remember sun screen and life jackets.